

Co-designing and facilitating youth-centric innovations has been very rewarding for the facilitators of our ecosystem. This vartaVaani brings you voices of facilitators who have run these compelling experiences.

Facilitator Experiences



Samjho Toh: The Samvidhan LIVE! Dialogues & Fraternity Labs

Shared by Meenakshi Ruhela from Pravah in Delhi

“ This journey has helped me grow as a facilitator - allowing space for participants to dialogue with each other, raise questions, bring perspectives, creating a culture of peer learning and mirroring and has helped me learn about the viewpoints, aspirations and challenges of young people.



Gender Jagrik

Shared by Rachita Srivastava from Yes Ek Such Foundation in Uttar Pradesh

“ Masculinity is an inherited behavior, and this intervention challenges that. So, as a facilitator, I had to really think through not just their lens, but also rethink my own notions on masculinities. The focus on dialoguing and cross-sharing of experiences, has helped me really learn how to create a non-judgmental space.



Justice Jagrik

Shared by Ritesh Gohiya from SHEDO Sansthan in Madhya Pradesh

“ Being a youth facilitator, having the opportunity to do social innovations and social experiments with the youth gives me a lot of strength and social hope. Justice Jagrik Innovation has given me a space to learn and understand that there is a possibility to work with every young person on social issues.



Samvidhan LIVE! Be A Jagrik

Shared by Pranami Garg from Assam

“ This toolkit has all the elements of a youth centric instrument to shape youth as conscious citizens of India. The journey helps not only the Jagriks, but also the facilitators to work on and with self, peers and community.



Q-Ki Plutory Power

Shared by Ajay Kumar from Pratigya in Jharkhand

“ Being a part of this championship at the National and State level, the organization got an opportunity to learn a new dimension of collective wellbeing. And personally, I learned about the importance of 'SaathNirbhar' and different practices to experience it.



Togetherness Table - Wellbeing Edition

Shared by Zakiya Kouser from Audacious Dreams Foundation in Tamil Nadu

“ As a facilitator, Togetherness Table helped me understand what the participants are thinking and feeling. This has enabled us to form a deep facilitator-participant relationship with them where we are almost like a family.

How can you engage

- Co-design innovations and join the ongoing vartaLabs
- Facilitate any of these innovations with your communities of youth